

Prescribing Clinical Network

<b>Policy Statement</b>	Alpha Blockers for men with moderate to severe lower urinary tract symptoms.
<b>Policy No:</b>	PCN 287- 2017
<b>Date of Issue</b>	December - 2017
<b>Review Date:</b>	December - 2020 <i>(Unless new published evidence becomes available before this date OR there is new published national guidance e.g. NICE)</i>
<p><b>Recommendations:</b></p> <p>The PCN <b>recommends</b> the following medicines as treatment options in line with the recommendations made in NICE clinical Guideline CG97: Lower urinary tract symptoms (LUTs) in men -: management (updated June 2015) and has assigned the following traffic light status to each treatment option as follows</p> <ul style="list-style-type: none"> <li>• Tamsulosin (modified release) – <b>GREEN</b></li> <li>• Doxazosin (immediate release) – <b>GREEN</b></li> <li>• Alfuzosin XL prolonged release – <b>GREEN 2nd/3rd line</b></li> <li>• Terazosin – <b>GREEN (not 1<sup>st</sup> line)</b></li> </ul> <p>The PCN <b>does not recommend</b> the following drugs as treatment options for the management of LUTs in men and has assigned a traffic light status to each treatment option as follows.</p> <ul style="list-style-type: none"> <li>• <b>Indoramin &amp; Prazosin</b> will be considered <b>BLACK</b> on traffic light system because these two drugs were not considered as part of the NICE clinical guideline. (CG97)</li> <li>• <b>Doxazosin (modified release)</b> – will be considered <b>BLACK</b> on the traffic light system because it is not considered to be a cost effective use of NHS resources and is included in the recently published NHS England 'Items which should not routinely be prescribed in primary care (November 2017)</li> </ul> <p>Patients whose treatment with the treatments above were initiated by the NHS before this recommendation was made, must be reviewed by their NHS consultant but should be able to continue treatment until, the patient and their NHS consultant consider it appropriate to stop.</p>	
<p><b>Key Considerations:</b></p> <ul style="list-style-type: none"> <li>• CG97: Lower urinary tract symptoms in men -: management <a href="https://www.nice.org.uk/guidance/cg97/resources/lower-urinary-tract-symptoms-in-men-management-pdf-975754394053">https://www.nice.org.uk/guidance/cg97/resources/lower-urinary-tract-symptoms-in-men-management-pdf-975754394053</a></li> </ul>	
<b>Date taken to Prescribing Clinical Network</b>	6 <sup>th</sup> December 2017
<b>Agreed by PCN members</b>	18 <sup>th</sup> December 2017

Surrey (East Surrey CCG, Guildford & Waverley CCG, North West Surrey CCG, Surrey Downs CCG & Surrey Heath CCG), Crawley CCG and Horsham & Mid-Sussex CCG