

Sample Patient Letter

Dear.....

Changes to your medicines

We have recently been undertaking a review of our prescribing and from our records we see that you are on(insert product name). This product is also available as a twice daily preparation. The Surrey Area Prescribing Committee and local cardiac specialists have recently reviewed the use of isosorbide mononitrate and noted:

- Once daily (modified release) preparations are not more effective than standard-release preparations given by twice-daily dosing but are significantly more costly

As a consequence NHS Surrey has asked all local GPs to review their patients currently receiving a modified release isosorbide mononitrate preparation with a view to switching over to the standard release twice daily preparation if considered appropriate.

NHS Surrey spends an additional £300,000 per year on modified release (once daily) isosorbide mononitrate. Reducing this additional spend will allow us to continue using high quality treatments, while making the best use of available NHS resources.

We hope you agree that we use NHS resources as efficiently as possible without compromising patient care so you will no longer receive(insert product name and strength) and will be switched to isosorbide mononitrate(insert product strength) twice daily

It is important that you take the standard release isosorbide mononitrate tablets twice daily at an interval of 6 hours, for example at 8am and 2pm.

If you have any further questions about this please contact the surgery on tel no. **xxxxxxxxxxxx**

Yours sincerely

Dr xxx

GP