



Surrey Heartlands Dry Eye Product Recommendations - Information For Prescribers

# PREFERRED FIRST LINE





#### SEVERE DRY EYE

## **BLUE TRAFFIC LIGHT STATUS**

### Combination products e.g.

Osmoprotectant; Mucolytic; Lipid containing supplementation, neuroprotective, epitheliotropic, where there is reduced sensation to corneal nerves or the corneal epithelium is slow to heal

 Please use the least costly combination product best suited to the patient's clinical need

#### **BLUE TRAFFIC LIGHT STATUS**

## **Combination products**

- Aeon Repair 0.15% PF (£4.00)
- VIZhyal 0.2% PF eye drops (£5.10)
- Optive Fusion 0.1% eye drops (£7.49)
- Systane Balance eye drops eye drops (£7.49)
- Thealoz Duo eye drops (£8.99)

Supplementary information on prescribing and products for specialist initiation when symptoms are persistent/severe

BLUE Ciclosporin: eye drops 0.1% [TA369] (licensed products: Ikervis® adults

#### **RESTRICTED ITEMS**

See Surrey PAD for traffic light status for restricted eye items **RED Optimmune 0.2%** eye ointment (ciclosporin unlicensed) and **Restasis® 0.05%** ophthalmic emulsion (ciclosporin unlicensed). (Local preference for the unlicensed preparation may vary

RED Acetylcysteine 5% PF & Acetylcysteine 10% PF eye drops (both unlicensed)

**RED** Autologous serum eye drops (ASE)\*\* only to be initiated and continued by a specialist in ophthalmology.

NHSE commissioning statement: serum eye drops for the treatment of severe ocular surface disease (all ages)

Prices DT and MIMS-January 2023

Area Prescribing Committee: - Agreed June 2023 Review: - (Prices) - June 2024 and treatment choices June 2026

Please note: This poster does NOT represent an exhaustive list

Further Information: Surrey PAD Guidelines: Dry eyes (res-systems.net)