

**Surrey Heartlands ICB Emollient Prescribing/Switching Table**

Please use this table to prescribe/review and switch to the most suitable cost-effective alternative.

For existing patients who have been prescribed a least cost effective emollient for a diagnosed skin condition please review choice of emollient.

For existing patients who have been prescribed an emollient with no diagnosed skin condition please review and stop prescribing of emollient. Recommend a suitable OTC product.

**Products contain a variety of excipients – check before prescribing if patients have known sensitivities**

Pharmaceutical form		Most cost effective	Medium cost Effective	Least cost effective	
Gels	Consider if self-care is appropriate	Epimax Isomol gel (LP15%, IM 15%) 100g=£1.99; 500g=£3.08 (62p/100g)	AproDerm Gel (LP 15%, IM 15%) 100g=£1.99; 500g=£3.99 (79p/100g)	Adex Gel (LP 15%, IM 15%, nicotinamide 4%) 100g=£2.69; 500g pump=£5.99 (£1.2/100g)	
			MyriBase gel (LP 15%, IM 15%) 100g=£2.12; 500ml pump=£4.66 (93p/100g)	Doublebase gel (LP 15%, IM 15%) 100g=£2.65; 500g pump dispenser=£5.83; 1kg=£10.98 (£1.10/100g)	
			Zerodouble gel (LP 15%, IM 15%) 100g=£2.25; 500g=£4.90 (98p/100g)	Doublebase Dayleve gel (LP 15%, IM 15%) 100g=£2.65; 500g=£6.29 (£1.26/100g) HypoBase Gel (LP 15%, IM 15%) 500g=£5.83 (£1.2/100g)	
Creams	Light Consider if self-care is appropriate	Epimax Original cream (WSP 15%, LP 6%) 100g=80p; 500g=£2.67 (53p/100g) Epimax Excetra cream (WSP13.2%, LP 10.5%) 100g=£1.83; 500g=2.99 (62p/100g) ExmaQS cream (WSP 15%, LLP 6%) Tub 500g=£2.95 (59p/100g)	ExoCream (WSP 15%, LP 12.6%, HAL 1%) 50g=£1.05; 125g=£2.33; 350g=£4.17; 500ml=£3.99 (80p/100g)	AproDerm Emollient Cream (WSP 15%, LP 6%) 50g=£1.70; 500g=£4.95 (99p/100g) Cetralen cream (WSP 13.2%, LP 10.5%) 50g=£1.48; 150g=£4.17; 500g=£6.29; 1050g=£12.24 (£1.17/100g)	
			Epimax moisturising Cream (WSP 14.5%, LLP 12.6%, HAL 1%) 100g=£1.99; 500g=£2.99 (60p/100g)	Diprobase Advanced Eczema Cream (WSP 15%, LP 6%) 500g=£7.01 (£1.40/100g)	
			Exmaben Cream (WSP 13.2%, LLP 10.5%) 500g=£4.25 (85p/100g)	E45 cream (WSP14.5%, LLP 12.6%) 50g=£1.93; 125g=£3.22; 350g=£6.14; 500g=£5.99 (£1.20/100g) Hydromol cream (LP 13.8%, IM 5%) 50g=£2.31; 100g=£4.31; 500g=£12.57 (£2.51/100g)	
			ZeroAQS emollient cream (WSP 15%, LP 6%) 500g=£3.39 (68p/100g)	Oilatum cream (WSP 15%, LLP 6%) 150g=£3.06; 500ml pump pack=£5.28 (£1.06/100g) Oilatum Jr cream (WSP 15%, LLP 6%) 150g=£3.06; 500ml pump pack=£5.28 (£1.06/100g)	
			ZeroCream (WSP 14.5% LP 12.6%) 50g=£1.23; 500g pump dispenser=£4.30 (86p/100g)	QV cream (WSP 5%, LLP 10%) 100g=£2.32; 500g=£6.60; 1050g=£12.40 (£1.18/100g) Ultrabase Cream (WSP 10%) 100ml=£2.85; 500ml=£7.01 (£1.40/100g) Zerobase cream (WSP 10%, LP11%) 50g=£1.10; 500g pump dispenser=£5.58 (£1.12/100g)	
			Aquamax cream (WSP 20% LP 6%) 100g=£1.89; Tub 500g=£3.99 (80p/100g)	Epiderm Cream (YSP 15%, LP 10% CEW 5%) 50g=£1.74; 150g=£3.62; 500g=£7.09 (£1.42/100g)	
			Ointments	Greasy Ointment	Epimax Ointment (YSP 30%, LP 40% EW 30%) 125g=£2.01; 500g=£3.13 (63p/100g)
	Hydromol ointment (YSP 32%, CEW 25.5%, LP 42.5%) 100g tube=£3.24; 125g=£3.18; 500g=£5.40; 1kg=£9.22 (92p/100g)	Epiderm ointment (YSP 30%, LP 40% EW 30%) 125g=£3.93; 500g=£6.66; 1kg=£12.57 (£1.26/100g)			
	Zeroderm ointment (WSP 30%, LP 40%, EW 30%) 125g=£2.53; 500g=£4.29 (86p/100g)	Thirty:30 Ointment (YSP 30%, LP40% EW 30%) 125g=£4.08; 250=£4.29; 500g=£6.93 (£1.38/100g)			
	Very greasy ointment	EmulsifEss Ointment (WSP 50% EW 30% LP 20%) 500g=3.97 (80p/100g) Fifty:50 Ointment (WSP 50%, LP 50%) 500g=£4.57 (91p/100g)		Ovelle Emulsifying ointment (WSP 50% EW 30% LP 20%) 500g=£4.15 (83p/100g)	
Emulsifying ointment (EW 30%, WSP 50%, LP 20%) 500g=£4.82 (96p/100g)					

Colloidal oat products	Epimax Oatmeal cream 100g=£2.06; 500g=£3.10 (62p/100g)	AproDerm colloidal oat cream 100ml=£2.74; 500ml pump=£5.80 (£1.16/100g) Miclaro Oat Cream 1% cream 300ml=£3.80; 500ml=£3.99 (80p/100g)	Aveeno cream 100g=£3.97; 500g=£6.47 (£1.29/100g) Zeroveen cream 100g=£2.74; 500g pump=£5.89 (£1.18/100g)
Urea containing products	ImuDERM cream 5% 500g pump=£6.79 (1.36/100g)	Balneum Intensive cream (Urea 5%) 50g=£2.85; 500g=£9.97 (£1.99/100g)	Aquadrate 10% cream 30g=£1.64; 100g=£4.50 (£4.50/100g) Balneum Plus cream (Urea 5%) 100g=£3.29; 500g pump pack=£14.99 (£3/100g) Dermatonics Once Heel balm (25% Urea) 75ml=£3.60; 200g=£8.50 (£4.25/100g) E45 itch relief 5% cream 50g=£2.81; 100g=£4.28; 500g pump pack=£14.99 (£3/100g) Eucerin Dry Skin Relief (5% Urea) 75ml=£5.72 (£7.62/100ml) Eucerin Intensive 10% cream 100g=£6.68 (£6.68/100g) Flexitol 10% Urea cream 150g=£5.25; 500g=£12.36 (2.47/100g) Flexitol 25% Urea Heel balm 40g=£2.88; 75g=£3.98; 200g=£9.85; 500g=£15.55 (£3.11/100g) Hydromol Intensive cream 10% 30g=£1.69; 100g=£4.51 (£4.51/100g) Nutraplus 10% cream 100g=£4.37 (4.37/100g)
Paraffin Free - only for those patients with confirmed paraffin sensitivity		Epimax Paraffin-Free ointment (0% paraffin) 500g=£4.99 (99p/100)	AproDerm colloidal oat cream(0% paraffin) 100ml=£2.74; 500ml pump=£5.80 (£1.16/100g)
Lotions Consider if self-care is appropriate Lotions have higher water content than creams and considered less effective as emollients. Use only if other formulations have been trialed and deemed unsuitable		Miclaro Oat Cream lotion 500ml=£3.99 (80p/100g) E45 Lotion (WSP 10%, LLP 4%) 200mL=£2.45; 500mL=£4.90 (98p/100mL)	Aveeno lotion 500g=£6.99 (£1.40/100g) Cetraben lotion (5% WSP, LLP4%) 200mL=£4.00; 500mL=£5.84 (£1.17/100mL) QV lotion (5% WSP) 250mL=£3.38; 500mL=£5.47 (£1.09/100mL)
Preparations containing antimicrobials	Infected skin only Please prescribe <b>short term only</b> , for patients with excema where recurrent infections are a problem		Dermol 500 lotion 500mL=£6.04 (£1.21/100mL) Dermol 500 cream 100g=£2.86; 500g=£6.63 (£1.33/100g)
Bath and shower preparations	Bath and shower products should not be ROUTINELY prescribed; Do not initiate bath and shower preparations for any new patient and switch patients using bath and shower preparations to an alternative "leave-on" or "soap substitute" emollient in line with the Surrey & North West Sussex APC emollient guideline. See also the <a href="#">items-which-should-not-routinely-be-prescribed-in-primary-care-v2.1.pdf (england.nhs.uk)</a>		
WSP-white Soft Paraffin LP-liquid paraffin YSP-yellow soft paraffin CEW-cetomacrogol emulsifying wax EW-emulsifying wax LLP-light liquid paraffin WAO- wool alcohols ointment IM-isopropyl myristate HAL-hypoallergenic anhydrous lanolin	Emollients: <a href="#">new information about risk of severe and fatal burns with paraffin-containing and paraffin-free emollients - GOV.UK (www.gov.uk)</a>  Per 100g/mL calculation based on the largest pack size available Prices : DT and Mims; Accessed January 2023		
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