Inflammatory Bowel Disease (IBD) Pathway 1
Adult patient presenting with Symptoms - Primary Care

Patient presents with lower GI symptoms suggestive of IBD? (Exclude 2 week rule) (Crohn’s Disease or Ulcerative Colitis)

Is the patient known to have IBD already?

Yes

GP comfortable with IBD Management (should always be under a secondary care IBD service)

Ulcerative Colitis

No

Crohn’s Disease

Confirm Patient is currently under follow up in Secondary Care

Refer for urgent review via Gastroenterology/ IBD service

FCT <50

While waiting prescribe in line with 2° care advice

FCT >150

IBS Pathway

Secondary care assessment

Run tests: FBC, ESR, FCT, Coeliac, Stool MCS

Refer for urgent hospital assessment

FCT 51-150

Repeating FCT in 4 weeks.
Give Irritable Bowel Syndrome (IBS) advice

Refer for new OPD appointment via IBD helpline to be seen within 2 weeks

Abnormal or FCT >150

Patient or GP to contact IBD helpline for advice

Prescribe prednisolone (single course) & check they have future appointment for follow up in 2° care

Ulcerative Colitis primary care pathway (2)

No

Yes

The patient is known to have IBD already?

Yes

Gastroenterology Clinical Network - October 2017 PCN approval - February 2018 Review date: February 2021

This pathway has been developed to provide guidance to the primary care prescriber. It is expected that primary care prescribers should use clinical acumen when a patient presents with IBD symptoms.