

Surrey and North West Sussex Area Prescribing Committee (APC)

Policy Statement	Unlicensed liothyronine and thyroid extract products: Thyroid extracts (e.g. Armour thyroid®, ERFA Thyroid®), compounded thyroid hormones, iodine containing preparations, and dietary supplementation in the management of adults with hypothyroidism
Policy Number	APC 407-2019 (replaces PCN192-2016)
Date of Issue	June 2019
Review Date	June 2022 <i>(Unless new published evidence becomes available before this date OR there is new published national guidance e.g. NICE)</i>
Recommendations: <p>The Surrey and North West Sussex Area APC does not support the routine use of unlicensed liothyronine and thyroid extract products in the management of adults with hypothyroidism and they will be considered as BLACK on the traffic light system.</p> <p>Thyroid extracts (e.g. Armour thyroid, ERFA Thyroid), compounded thyroid hormones, iodine containing preparations, and dietary supplementation are not recommended. The prescribing of unlicensed liothyronine and thyroid extract products are not supported as the safety, quality and efficacy of these products cannot be assured.</p>	
Key Considerations: <ol style="list-style-type: none"> Guidance – Prescribing of Liothyronine, Regional medicines Optimisation Committee (RMOC) November 2018: Available at: https://www.sps.nhs.uk/wp-content/uploads/2018/11/RMOC-Liothyronine-Guidance-v2.0-final-1.pdf <p>‘Thyroid extracts (e.g. Armour thyroid, ERFA Thyroid), compounded thyroid hormones, iodine containing preparations, and dietary supplementation are not recommended. The prescribing of unlicensed liothyronine and thyroid extract products are not supported as the safety, quality and efficacy of these products cannot be assured’.</p>	
Date taken to Surrey & North West Sussex Area Prescribing Committee (APC)	5 th June 2019
Agreed by APC members	21 st June 2019

Surrey (East Surrey CCG, Guildford & Waverley CCG, North West Surrey CCG, Surrey Downs CCG & Surrey Heath CCG), Crawley CCG and Horsham & Mid-Sussex CCG